

***MANDATORY***

**HAND WASHING**

Hand washing is one of the most important practices to prevent the spread of sickness and disease and that this practice should be reinforced in the school environment for both children and adults.

Students and staff members shall be instructed to wash their hands with soap and water for at least 20 seconds:

- After using the rest room
- After playing/working outside
- When their hands look dirty
- Before and after eating or handling food
- After sneezing, coughing, or blowing their noses
- After handling animals
- When taking care of someone who is sick
- After emptying the trash
- After touching chemicals or strong cleansers
- After gym class or athletic practices or games
- Other times as deemed necessary by the building principal or teacher

Adopted: September 9, 2008